



Community Events Calendar

January 2022

Community Services
780-942-4101

Town Office
780-942-3519

An active town with a big heart, alive with history and civic pride where beauty and community thrive. www.redwater.ca

WINTER FUN



Public Skating and Shinny Hockey

Lace up your skates for some indoor fun on ice during public skating and shinny hockey. Check out the ice schedule at redwater.ca/p/pembina-place.

Outdoor Rink

Bundle up and meet with friends at the outdoor rink on the south portion of the Pembina Place parking lot.

Preschool and School-Aged Recreational Skating

Watch for announcements in early January for these popular skating programs!

Family Day of Fun Monday, February 21, 2022 Free Family Day Activities at Pembina Place!

If your community group, organization or business would like to partner with the Town of Redwater to provide activities, games or door prizes for families, please contact the Community Services Office at 780-942-4101 or cscordinator@redwater.ca.



DID YOU KNOW?

The Sherwood Park - Strathcona County Primary Care Network (SPPCN) provides primary care services to the areas formerly served by Alberta Heartland PCN, including Redwater, Lamont, Gibbons, Bon Accord, and Fort Saskatchewan. We have two central offices – one in Fort Saskatchewan and another in Sherwood Park. We are committed to supporting you during the COVID-19 pandemic. Currently, appointments are being held over the phone, by video, or in-person as needed.

We work as a team with family doctors and other healthcare professionals to advance your health and wellness. We offer support for chronic disease management, mental health, exercise, nutrition, healthy living, and more.

Some of our 2022 group patient education classes include: Managing Menopause, Managing your IBS (Irritable Bowel Syndrome), Eating the Mediterranean Way, Virtual Drop-in Exercise, Changeways – Depression Therapy Group, Diabetes 101 and 201, and Living with Osteoarthritis.

The other Edmonton Zone PCNs are also offering group classes that are open to all residents in the Edmonton Zone (including Redwater residents). Check out the "Programs & Classes" section of our website (sherwoodparkpcn.com) to learn more.

Ask your doctor about what programs and classes may be beneficial for you.

For more information, call 780-410-8000 or visit sherwoodparkpcn.com



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY / SUNDAY
<p>Programs of the Fort Saskatchewan and Sturgeon Region Family Resource Network</p> <p><i>#thisisourvillage</i></p> <p>VIRTUAL and IN REAL LIFE Winter 2022 Programs Wiggles and Giggles (for new moms and dads and their children ages 0-12 months to have fun and learn); Silly Sprouts Play (for caregivers and children ages 1-6 years old. Games, crafts, songs and more!); Dadventures (for dads, grandads and awesome uncles and their kids). For more information or to register, call 780-998-5595 ext 221. Program posters with full details can be found on the Town of Redwater website at redwater.ca/p/events-programs.</p>					1 New Year's Day
<p>Pioneer Club - Coffee and Pool, REP in effect. (9:00-10:30am) Junior Curling (7:00pm)</p>	<p>Pioneer Club - General Meeting (1:30pm)</p>	<p>Library - Board Meeting (6:00pm)</p>	<p>Pioneer Club - Coffee and Pool, REP in effect. (9:00-10:30am) Pioneer Club - Floor Curling (1:30pm)</p>	<p>Monthly Organic Pick-up</p>	8 9
<p>Pioneer Club - Coffee and Pool, REP in effect. (9:00-10:30am) Junior Curling (7:00pm)</p>	<p>Silly Sprouts Play (9:30-10:30am) Wiggles and Giggles (10:00-11:00am) Art Society - Drop-in Art (1:00-4:00pm) Pioneer Club - Floor Curling (1:30pm) Friends of the Library Meeting (5:30pm)</p>	<p>Library - Kids Take-and-Make Kits (All day) Pioneer Club - Community Supper. Call 780-942-3772 by Jan 9 to book your plate. (5:00pm Cocktails, 6:00pm Supper)</p>	<p>Pioneer Club - Coffee and Pool, REP in effect. (9:00-10:30am) Pioneer Club - Floor Curling (1:30pm)</p>		15 16
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<p>PD Day - No School</p>					



Need information or assistance?

One call can connect you to community groups, resources & information

Town of Redwater - Family & Community Support Services (FCSS) 780-942-4101

Redwater Public Library

The Library is more than a lending agency - also available are print, fax and scan services, and free computer usage. Call 780-942-3464 for more information.



Redwater Public Health Clinic at Redwater Health Centre

January 6, 13, 20 and 27

Providing immunizations (child, adult, school, seasonal influenza), communicable disease control, healthy beginnings and early childhood interventions. Phone 780-942-6615 to book an appointment.