

Town of Redwater Programs - Winter

January to March 2025

Visit <https://www.redwater.ca/p/events-programs> for full program details.
Register online at <https://townofredwater.perfectmind.com/>

Pickleball

Join the pickleball craze at Pembina Place! The new season starts January 20. Visit <https://www.redwater.ca/p/events-programs> or call the Facility Administrator at 780-942-3555 for full details on this user-guided program. All equipment is provided. Bring clean shoes and a water bottle. Register online @ <https://townofredwater.perfectmind.com/>

Winter Season: January 20 to April 3, 2025

Dates:

Mondays: 1:00-3:00pm

Wednesdays: 10:00am-12:00pm

Thursdays: 6:00-8:00pm

Price:

\$40 for season pass

or

\$5 drop-in fee (to be paid at front reception)



Chair Fitness Class

Join this fun fitness class for ages 18+. It offers modifications for all fitness and mobility levels, with standing options for added challenge. All equipment provided. Visit <https://www.redwater.ca/p/events-programs> for information on future classes.

Lunch Crunch

Get active at Pembina Place with a medium-intensity workout for adults 18+. Stay tuned for more information on this class at <https://www.redwater.ca/p/events-programs>

Public Skating, Shinny Hockey, and the ODR

Lace up your skates for outdoor fun at the Nutrien ODR (outdoor rink) located at the south end of Pembina Place parking lot, near the Oil Derrick.

Thanks to a very generous sponsorship by **Pembina Pipeline**, all shinny and public indoor skating is **FREE** for the 2024/2025 ice season. View ice calendar at <https://www.redwater.ca/p/pembina-place>, scan the **QR code**, or phone 780-942-3555.



Redwater Crafting Group - FREE

Mondays and Saturdays, 1:00-3:00pm at Pembina Place

Join in the crafting camaraderie! We have some basic supplies on hand if you are a beginner; otherwise bring your project along or share in a group project.

Indoor Walking at Pembina Place

Leave the cold weather outside and walk confidently in climate-controlled comfort for only \$20 for a season pass. Bring your clean, indoor shoes and walk Mondays to

Fridays between 8:30am to 12:00pm (closed stat holidays and building closure dates). Phone the Facility Administrator at 780-942-3555 for more information.

Stay in the Loop with the Community Connections Newsletter

You can now receive the latest news on programs, events, and volunteer opportunities directly by email. Go to <https://www.redwater.ca/p/events-programs> to link to fillable forms or stop by the Community Services Office to sign up.

Caregivers' Coffee

Are you a caregiver who would like to meet with other caregivers for support and encouragement? Call the Community Services Office at 780-942-4101 or email Lspicer@redwater.ca to be put on the interest list and register your availability.

Redwater Volunteer Income Tax Program - March and April 2025

Trained volunteers can help eligible individuals file simple income tax and benefit returns for free. Call the Community Services Office starting the last week of February to see if you are eligible and/or to set up an appointment.



Paint the Ice - Wednesday, April 2, 3:00-5:00pm

Bring your friends and family along for some colorful end-of-season fun! Watch for more details at <https://www.redwater.ca/p/events-programs>

Birthday Party Rental - Book your child/youth birthday party at Pembina Place. Receive 1 hour ice time, and 2 hours lobby rental (pending availability) for \$130. Call 780-942-3555 or email facilityadmin@redwater.ca for more details.

Rain Barrel Program

The **Rain Barrel Program** offers quality rain barrels for just \$75, helping you save on water bills and conserve water. Rainwater is free, reduces the use of treated water, and lowers energy use in water treatment. It's also soft and non-chlorinated, benefiting plants and soil.

Place your order at the Pembina Place Reception Office. For more information, contact facilityadmin@redwater.ca or call 780-942-3555. The deadline to order is **April 2!**



Youth Subsidy Program

There is a Youth Subsidy Program available to Redwater residents. This program supports families with children living in the Town of Redwater who may not otherwise have access to recreational, cultural, and social program opportunities due to financial barriers or extraordinary living situations. The complete policy and application form is available online at:

<https://www.redwater.ca/p/community-services>

For more information, to pick up applications, or to donate to the subsidy fund, contact the Community Services Office at 780-942-4101 or email cmelnick@redwater.ca.



Community Events



FAMILY DAY OF FUN!

MONDAY, FEBRUARY 17, 2025, 12-3 PM

FREE FAMILY DAY ACTIVITIES FOR EVERYONE AT PEMBINA PLACE

FACE PAINTING, BALLOON TWISTING, INFLATABLES, HOT DOGS, THEATRE STYLE POPCORN, FAMILY CURLING, SKATING, FAMILY CRAFT PROJECT, EDIBLE CRAFT, JUMBO GAMES, AND MORE!
WATCH FOR FURTHER DETAILS COMING SOON AT WWW.REDWATER.CA/P/EVENTS-PROGRAMS AND ON THE TOWN OF REDWATER'S FACEBOOK PAGE.

EVENT SPONSORS: CONTACT THE COMMUNITY SERVICES OFFICE TO EXPLORE WAYS TO SUPPORT THIS EVENT OR FUTURE EVENTS / PROGRAMS AND PROMOTE YOUR BUSINESS. PHONE 780-942-4101 OR EMAIL CMELNICK@REDWATER.CA.



- **Mayor's Breakfast, April 4**
- **Volunteer Appreciation Night, April 30**
- **Planting Bee, May 22**
- **Seniors Week Celebration, June 4**



Community Services Office
4944 - 53 Street
2nd Floor of Pembina Place
P.O. Box 397
Redwater, AB T0A 2W0

Contact Us
Phone: 780-942-4101
Email: cmelnick@redwater.ca or lspicer@redwater.ca
Web: www.redwater.ca
Social: facebook.com/TownofRedwater



Visit us on
Facebook

Community Programs & Events - Winter

January to March 2025

Redwater Public Library

The Winter Reading Program: *Midwinter Mysteries* is coming to the Redwater Library! Join us starting January 1 for two months of reading, crafts, activities, and prizes, where you can read, record your efforts, and be entered to win prizes, all while encouraging people of every age to start reading!

The Library also offers the following:

- Every Thursday, 10:15-11:00am - Toddler Time
- Every 3rd Thursday, 3:30pm - Makerspace
- Every 4th Thursday, 3:30pm - STEAM
- 1st Tuesday of the month, 2:00-4:00 pm - LEGO Club
- Every 3rd Thursday of the month, 11:15 a.m-12:00 p.m - Monthly Homeschooler BYOBook Club

With your library card you can access thousands of books, eBooks, movies, audiobooks, and so much more!!

For information on this and other programs offered, visit the Library's Facebook page or website (www.redwaterlibrary.ab.ca), or phone 780-942-3464.



Sports & Dance Programs for Children & Youth

MDC Arts and Association

For more information, email admin@mdcartsassociation.com

Redwater Junior Curling

Mondays, 7:00-8:00pm for ages 9 and up. Come for an affordable and fun sport!

For more information, email redwatercurlingclub@gmail.com.



Redwater Minor Hockey

For information, contact info@redwaterminorhockey.ca or visit www.redwaterminorhockey.ca.

Yobukan Karate

For information, contact Justin at 780-668-7160.



Youth Groups & Organizations

524 Sturgeon Royal Canadian Air Cadets

For information, contact gilles.dion@cadets.gc.ca

Lighthouse Youth Group at Redwater Alliance Church

For grades 5-12. **For more information, contact Youth Pastor David at 780-288-4939 or email pastordavidness@gmail.com**

Redwater 4-H

For information, contact Mary Ann at 780-942-4196.

Programs for Families with Children

Families First Society

Families First Society provides programming for the Fort Saskatchewan and Sturgeon Region Family Resource Network (which includes Redwater). For more information on any of the following programs, call 780-998-5595 or visit www.familiesfirstsociety.ca.

Silly Sprouts Play - Tuesdays, January 14 to March 18, 9:30-11:30am at Pembina Place. Drop in to this free, facilitated program for caregivers and their children ages 0 to 6 years old. Join us for songs, rhymes, stories, and play.

For information on other Families First programs in the wider area (Parent-Child Mother Goose, T.W.E.E.T., Dragonfly Support Group, Understanding Your Grief and Loss, Building a Better You), visit www.familiesfirstsociety.ca/registered-programs.

Adult Programs & Activities

Bus Trips

Shopping Bus - Third Wednesday of the month. Phone Sharon at 780-942-3838 to book your spot for a shopping trip to a mall.

Casino Bus Trip - Fourth Wednesday of the month. Phone Sharon at 780-942-3838 to book your spot for a monthly casino trip.

To book the Seniors Transportation Society bus, contact Lorraine at 780-580-0037. The bus is available for all ages.

Diamond Spring Lodge

Join in various activities at the Lodge as a participant or a volunteer.

For more information, contact Taryn at thickey@homelandhousing.ca or 780-942-4553.

Jeannie and Friends Music Group

Join in spreading joy through song at Diamond Spring Lodge, Radway Health Centre, and Dr. Turner Lodge. New members welcome. Both male and female singers needed. **For more information, call Jeannie at 780-942-2963.**

Lions Club of Redwater

Monthly General Meetings – Attend the regular meeting on the second Wednesday of each month at 7:00pm at the Pioneer Club to learn more about the Lions Club and see if you would like to become a member.

For more information, contact Dave at 780-222-6608.

Redwater & District Pioneer Club

Morning Coffee - Mondays & Thursdays, 9:00-10:30am. Everyone welcome!

Floor Curling - Tuesdays & Thursdays, 1:30pm (with the exception of the first Tuesday of the month; meet on the first Monday of the month instead).

General Meetings - First Tuesday of the month, 1:30pm.

Game Night - Tuesdays, 7:00-9:00pm. Pool, shuffleboard, and cards!

Pancake Breakfast - First Sunday of the month, 9:00-10:30am. \$10.00 per person.

Community Supper - Second Wednesday of the month, 5:00pm cocktails, 6:00pm supper. Non-members, reserve your plate by calling 780-942-3772 one week before the supper. \$20 per member, \$25 per non-members.

Memberships are \$10 per person (must be 50+) and give you discounted suppers; being a member for more than a year gives you reduced hall rental rates as well. For more information or to book the Pioneer Club, contact Zoney at 780-942-3772

Redwater Art Society

Connect with the Art Society for details on the many workshops this winter!

The gallery is open every Saturday from 11:00am-3:00pm.

For more information, visit www.redwaterartsociety.ca.

Redwater Chamber of Commerce

For information, contact Nicole at 587-991-7049.

Redwater Citizens on Patrol Association

Monthly General Meetings – Phone for schedule; 7:00pm at the Redwater Legion.

New members welcome. Come and see how you can help the community with as little as four hours of volunteering a month. We are seeking volunteers (over 18 with no criminal record). **For more information, contact Dave at 780-222-6608 or email MrDdm@shaw.ca.**

Redwater Curling Club

Looking for a team sport this winter? Join adult curling! If you do not have a team of four we will do our best to find a team for you to join. Come out for Tuesday nights at 7:30pm for League Curling.

For more information, email redwatercurlingclub@gmail.com.

Redwater Fellowship of Churches Food Bank

For hamper assistance, donations, or volunteering, please call and leave your name, phone number and the date you called. A volunteer will return your call. Hamper assistance is set up by phone only.

For more information, contact 780-942-2061.

Redwater Fitness Centre

Good physical and mental health is something we all strive for and value. We have everything from cardio, resistance machines, and free weights to yoga and other fitness classes.

For more information, contact Andrea at 780-991-5882 or email redwaterfitness@hotmail.com.

Redwater Legion Branch 251

Whist - Wednesdays, 1:00pm

Pub Night - Fridays, 5:30pm-2:00am

Coffee - Mondays, Wednesdays, Fridays, 8:30-10:00am

Everyone is welcome! For information on current activities, contact Leanne at 780-220-2453.

Redwater Quilting Guild

Meet select Saturday mornings at 9:30am at the Redwater Alliance Church.

Contact Peggy at 780-298-8301 for more information.

Sherwood Park - Strathcona County Primary Care Network (SPPCN)

The Sherwood Park - Strathcona County Primary Care Network (SPPCN) provides primary care services in partnership with family doctors and other health care professionals to advance your health and wellness. Check out the "Programs & Classes" section of the PCN website (sherwoodparkpcn.com) for online and in-person programs or call 780-410-8000.

The Town of Redwater has partnered with the SPPCN for some free in-person group education classes to be held at **Pembina Place**, including:

Healthy Eating for 1-2 People; Diabetes - The Fundamentals; Mental Wellness; Mediterranean Way of Eating. Register for any of these four workshops at <https://townofredwater.perfectmind.com> or come by the Community Services Office (2nd floor, Pembina Place, 4944-53 St). For more information on these partnership classes, call the Community Services Office at 780-942-4101.

Wild Rose Mamas - Red Hat Society

The Red Hat Society is a unique international play group for women that promotes passion of fun, friendship, fitness, the freedom to express yourselves in positive ways, and a dedication to the fulfillment of lifelong dreams, gained all through the power of fun.

For meeting information, contact Audrey at audreypetruk@gmail.com.

**Public Health Clinic at Redwater Health Centre
9:00am-4:00pm on Tuesdays, Thursdays, Fridays**

Phone 780-942-6615 to book an appointment.

Providing immunizations (child, adult, school, seasonal influenza), communicable diseases control, healthy beginnings and early childhood intervention.



Counselling & Referral Services



Community Services Office

The Community Services Office offers a variety of preventative social programs to enhance the well-being of individuals, families, and our community. Residents are able to access information on personal support services and resources in the Redwater area and may also be referred to local, regional, or provincial human services agencies. For more information, drop in to our office located on the second floor of Pembina Place, call us at 780-942-4101, or email cmelnick@redwater.ca.

Counselling Services

Sometimes in our fast-paced lives, individuals, couples, and families need a little help to work out life's problems. Counselling through the Fort Saskatchewan FCSS can help you learn how to deal with your problems in a productive manner and develop the skills to manage a stressful and changing environment. No referral is necessary to initiate counselling services. To book an appointment call 780-992-6267 or toll free at 1-866-992-6267 during office hours, Monday-Friday, 8:00am-4:30pm.

To explore further counselling options available, call the Community Services Office at 780-942-4101.