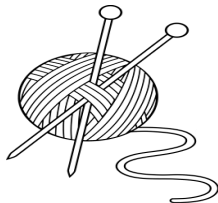


# Town of Redwater Programs - Fall

## September to December 2023

### Redwater Crafting Group

Join in the crafting camaraderie! We have some basic crocheting or knitting supplies on hand if you are a beginner; otherwise bring your project along or share in a group project. Contact the Community Services Office for more information at 780-942-4101.



### Green Thumb Fall Clean Up Workshop

Our Green Thumb workshop series ties up for the year with a session on fall clean up tips with live demonstrations on Tuesday, September 5 from 1:30-3:30pm at Pembina Place. Register at Pembina Place (\$5 per person).

### Pickleball

Plans are in the making for daytime pickleball at Pembina Place. Watch for details coming soon!



### Chair Fitness

Join us for a fun fitness class for all individuals ages 18+! This class offers modifications for all levels of fitness. This is a great option for seniors or individuals with limited mobility. Watch for full details coming later in September at [redwater.ca/p/events-programs](http://redwater.ca/p/events-programs).

### Recreational Skating for Kids



Help children gain confidence on the ice and learn basic skating skills. There will be two sessions (Session 1 begins the week of September 26; Session 2 begins the week November 14). Watch for full details at [redwater.ca/p/events-programs](http://redwater.ca/p/events-programs), on the Town of Redwater Facebook page, or call the Community Services Office at 780-942-4101.

### Public Skating, Shinny Hockey, and the ODR

Lace up your skates for outdoor fun at the Nutrien ODR (outdoor rink) located at the south end of the Pembina Place parking lot, near the Oil Derrick.

Gather your friends and family and hit the indoor arena ice for skating fun together. Check out the arena ice schedule at [redwater.ca/p/pembina-place](http://redwater.ca/p/pembina-place) for public skating and shinny hockey times.



**Nutrien**

**PEMBINA**  
Place

### Sturgeon County Seniors' Conference - October 5

Food, friends, and valuable workshops! Enjoy a day just for seniors (55+) at Pembina Place. For more information or to register, contact Sturgeon County FCSS at 780-939-8334.

### Winter Wear Depot

Through a partnership with the United Way and local FCSS departments, free warm winter wear will be available to those in need within Sturgeon County. Phone the Community Services Office at 780-942-4101 for more information.



### Sign Up for Volunteer and Community Connections!

Would you like to volunteer for community events from time to time? Would you like to receive periodic emails about upcoming programs and events in the area? Sign up for the Volunteer and Community Connections email list at [redwater.ca/p/events-programs](http://redwater.ca/p/events-programs).



### Pembina Place Indoor Walking - September to December

Keep up your walking routine this fall and winter with the indoor walking route at Pembina Place! Leave the cold outside and walk confidently in climate-controlled comfort. Bring your clean, indoor shoes and check in at reception Monday to Friday between 9:00am and 12:00pm (closed statutory holidays). Season pass is \$20. Drop by or phone the Facility Administrator at 780-942-3555 for more information.



### Youth Subsidy Program

There is a Youth Subsidy Program available to Redwater residents. This program supports families with children living in the Town of Redwater who may not otherwise have access to recreational, cultural, and social program opportunities due to financial barriers or extraordinary living situations. The complete policy and application form is available online at [www.redwater.ca/p/community-services](http://www.redwater.ca/p/community-services).

For more information, to pick up applications, or to donate to the subsidy fund, contact the Community Services Office at 780-942-4101 or email [jedworthy@redwater.ca](mailto:jedworthy@redwater.ca).

## Upcoming Community Events

### Meet the Community and Registration Night

**Thursday, September 7, 2023 from 5:30-7:00pm at Ochre Park School**

Meet the teachers and staff of Ochre Park School and Redwater School, register for community programs, connect with volunteer opportunities, chat with various community groups and organizations, and visit with your neighbors all while enjoying free beef on a bun and frozen tasty treats (while supplies last).

### Alberta Culture Days Celebration

**Saturday, September 16, 2023 from 6:00-8:00pm at Pembina Place**

Our *Cultural Connection Series* continues with this special event featuring live music, food, and crafts - all free!

### Truth and Reconciliation Event

**September 30, 2023 from 4:00-7:00pm (time to be confirmed) at Pembina Place**

Join us for an impactful day where together we will learn about Indigenous histories in Canada and how we can move forward together.

### Kris Kringle Holiday Mingle

**Friday, December 1, 2023**

The great holiday hoorah starts with this fabulous event for the whole community! Hayrides, crafts, activities, goodies, music, pictures with Santa, and much more all take place at Pembina Place. Watch for details coming on the *Events and Programs* page on the Town website and on the Town Facebook page.

### Redwater & District Ag Society's Christmas Craft & Bake Sale

**Saturday, December 2, 2023**

For all things seasonal, this is your one-stop shop! Phone the Ag Society at 780-940-6076 for more information or to register.

Check out [redwater.ca/p/events-programs](http://redwater.ca/p/events-programs) for full details on all programs and events.

Would you like to contribute your ideas by serving on the Community Services Board? Email [jedworthy@redwater.ca](mailto:jedworthy@redwater.ca).



Community Services Office  
4944 - 53 Street  
2nd floor of Pembina Place  
P.O. Box 397  
Redwater, AB T0A 2W0

### Contact Us

Phone: 780-942-4101

Email: [jedworthy@redwater.ca](mailto:jedworthy@redwater.ca) or  
[ls Spicer@redwater.ca](mailto:ls Spicer@redwater.ca)

Web: [www.redwater.ca](http://www.redwater.ca)

Social: [facebook.com/TownofRedwater](https://facebook.com/TownofRedwater)



Visit us on  
Facebook



# Community Programs & Events - Fall

## September to December 2023

### Redwater Public Library

There is a lot happening at the Redwater Public Library for all ages! Check out the current schedule online for tabletop games club, movie nights, drop-in activities (Lego, Maker Space, etc), crafts, socials, toddler story time, and much more! Join the Friends of the Library to help support the ongoing development and programming.

**Visit the Library's Facebook page or website**

**(www.redwaterlibrary.ab.ca) for program details or phone 780-942-3464.**



### Sports & Dance Programs for Children & Youth

#### Redwater Junior Curling

Join Junior curling this winter for an affordable and fun sport for ages 12 and up.

**For more information, email redwatercurlingclub@gmail.com.**

#### Redwater Minor Hockey Association (RMHA)

Looking for a fun, friendly team sport that brings smiles all winter? Join the RMHA today! Ages 4-18. Practices are 1-2 days a week with games on weekends. Contact us for details on an equipment swap in early September and for options for families needing financial assistance.

**For information, email info@redwaterminorchockey.ca.**



#### Yobukan Karate

**For information, contact Justin at 780-668-7160.**

### Youth Groups & Organizations

#### Lighthouse Youth Group at Redwater Alliance Church

For grades 5-12, 6:30-8:30pm on Tuesdays. Monthly events one Friday a month.

**For more information, contact Youth Pastor David at 780-288-4939 or email pastordavidness@gmail.com.**



#### Redwater 4-H

**For information, contact Mary Ann at 780-942-4196.**

### Programs for Families with Young Children

#### Families First Society

**For more information, call 780-998-5595.**

**Silly Sprouts Play** - Tuesdays, 9:30-11:30am from September 19 to December 12 at Pembina Place. Drop in for this free, fun-filled program of games, crafts, songs, and more for children ages 0-6 and their parents/caregivers.

### Adult Programs & Activities

#### Community Business Meetings

Second Wednesday of the month, 8:30am at the Redwater Golf/Curling Lounge (September's meeting will be at the Legion). The Town of Redwater invites business owners and not for profit organizations to identify challenges, opportunities, issues, risks and barriers within our business community, to share information and resources, and discuss Town policies and processes.

#### Homeland Housing

You are invited for a Fall Harvest Fundraiser on October 14 at Pembina Place. Come enjoy live music, performances, and dinner while fostering community spirit and raising funds. For more information or to purchase tickets, call the Diamond Spring Lodge at 780-942-4553.

#### Jeannie & Friends Music Group

Join in spreading joy through song at Diamond Spring Lodge, Radway Health Centre, and Dr. Turner Lodge. New members welcome - both males and females needed. **For more information, contact Jeannie at 780-942-2963.**



#### Lions Club of Redwater

Do you have four hours a month to help serve your community? Visit the regular meeting of the Lions Club to see if you would like to join. The next meeting is September 13 at 7:00pm at the Pioneer Club.

**Community Christmas Card** - A \$10 donation gets your name on our special card and helps the Lions support community groups and organizations.

**For more information, contact Dave at 780-222-6608.**

#### Redwater & District Pioneer Club

**Morning Coffee and Pool** - Mondays & Thursdays, 9:00-10:30am. Everyone welcome!

**Floor Curling** - Tuesdays & Thursdays, 1:30pm (with the exception of the first Tuesday of the month - meet of the first Monday of the month instead).

**Pancake Breakfast** - First Sunday of the month, 9:00-10:00am, \$7/person.

**Community Supper** - Second Wednesday of the month, Cocktails at 5:00pm, supper at 6:00pm. Everyone is welcome. To register, call 780-942-3772 one week before the supper. \$18/member, \$20/non-members.

**General Meetings** - First Tuesday of the month, 1:30pm.

**Memberships are \$10/person (must be 50 years of age or older) and give you discounted suppers; being a member for more than a year gives you reduced hall rental rates as well. For more information or to book the Pioneer Club, contact Zoney at 780-942-3772.**

#### Redwater Art Society

A variety of workshops are being offered this fall: Village Landscapes (Willie Wong), Birch Trees, Dandelion Fairies, Pets and Other Animals, Drawing Bears, Halloween Cat, Fishing Bears, Christmas Cards, Splash of Light, Let It Snow, Snow Animals, Nudes, Owls, Santa.

**Art Show and Sale** - November 25, 11:00am-5:00pm

**For more information, email artsocietyredwater@gmail.com. Visit www.redwaterartsociety.ca or Redwater Art Society on Facebook.**

### Adult Programs & Activities (continued)

#### Redwater Chamber of Commerce

**Redwater Chamber Awards Gala** - October 21 at Pembina Place Culture Centre  
**Redwater Chamber Postcard to Christmas Shop Local Campaign** - November 27, 2023 to January 15, 2024.

**For more information, contact Nicole at 587-991-7049.**

#### Redwater Citizens on Patrol Association

**Monthly General Meetings** - The next meeting is September 20 at 7:00pm at the Redwater Legion. Come and see how you can help the community with as little as four hours of volunteering a month. We are seeking volunteers (over 18 with no criminal record). **For more information, contact Dave at 780-222-6608 or email MrDbm@shaw.ca.**

#### Redwater Curling Club

Looking for a team sport this winter? Join adult curling! If you do not have a team of four we will do our best to find a team for you to join.

**For information, email redwatercurlingclub@gmail.com**



#### Redwater Fellowship of Churches Food Bank

For hamper assistance, donations, or volunteering, please call and leave your name, phone number and the date you called. A volunteer will return your call. Hamper assistance is set up by phone only.

**For more information, contact 780-942-2061.**



#### Redwater Fitness Centre

Good physical and mental health is something we all strive for and value. We have everything from cardio, resistance machines, and free weights to yoga, and other fitness classes. Equilibrium Yoga (Phone 780-267-1046) holds classes Wednesdays and Sundays, 7:00-8:00pm. Inquire for details on RFC Kickboxing program (ages 16+) and "Get Back Up with Barbara" health, wellness, and fitness classes coming soon. **For more information, contact Andrea at 780-991-5882 or email redwaterfitness@hotmail.com.**

#### Redwater Legion Branch 251

**Darts** - Mondays, beginning October 2 at 7:00pm.

**Whist** - Wednesdays, beginning September 6 at 1:00pm.

**Crib** - Fridays, year round, 7:00pm.

**Coffee Hour** - Mondays, Wednesdays, Fridays, beginning September 1, from 9:00-10:00am (not on stat holidays).

**Everyone welcome! For more information, contact Leanne at 780-220-2453.**



#### Redwater Quilt Guild

Second and fourth Saturdays of the month at 9:30am at the Alliance Church. First meeting is September 9 and includes member renewals. **Contact Peggy at 780-298-8301 for more information.**

#### Sherwood Park - Strathcona County Primary Care Network (SPPCN)

The Sherwood Park - Strathcona County Primary Care Network (SPPCN) provides primary care services in partnership with family doctors and other healthcare professionals to advance your health and wellness. Upcoming group patient education classes include:

*Managing Menopause; Managing your IBS (Irritable Bowel Syndrome);*

*Eating the Mediterranean Way; Acceptance and Commitment Therapy (ACT);*

*Diabetes 101 and 201; Virtual Drop-in Exercise; Living with Osteoarthritis*

Check out the "Programs & Classes" section of our website (sherwoodparkpcn.com) to learn more or call 780-410-8000.

#### Sturgeon Adult Learning

**Community Kitchens** - Join us for two afternoons in Redwater to prepare three frozen meals to bring home to your family. Session 1 is November 14 and 16, 1:30-3:30pm. Session 2 is November 20 and 27, 1:30-4:30pm. Free childcare will be provided. Call Lori to register at 780-923-2374 Ext. 1151.

**How to Use Your Hand Held Devices** - September 5 and 7, 1:30-3:30pm at the Library.

**Basic Computer Skills** - November 8, 15, 22, and 29, 1:30-3:00pm at the Library.

**Learn English** - September 19 to December 5, 10:00am-12:00pm at the Library.

**For more information on Sturgeon Adult Learning programs offered within Sturgeon County, phone 780-923-2374 Ext 1105.**

### Counselling & Referral Services

#### Community Services Office

The Community Services Office offers a variety of preventative social programs to enhance the well-being of individuals, families and our community. Residents are able to access information on personal support services and resources in the Redwater area and may also be referred to local, regional or provincial human services agencies. For more information, drop in to our office located in Pembina Place or call us at 780-942-4101.

#### Counselling Services

Sometimes in our fast-paced lives, individuals, couples and families need a little help to work out life's problems. Counselling can help you learn how to deal with your problems in a productive manner and develop the skills to manage a stressful and changing environment. No referral is necessary to initiate counselling services. To book an appointment call 780-992-6267 or toll free at 1-866-992-6267 during office hours, Monday-Friday, 8:00am-4:30pm.



#### Public Health Clinic for Children and Adults

##### Redwater Health Centre

**Tuesdays, Thursdays and Fridays from 9:00am-4:00pm**

Providing immunizations (child, adult, school, seasonal influenza), communicable disease control, healthy beginnings, early childhood interventions.  
Call 780-942-6615 to make an appointment.